




Help Taronga support healthy oceans for seals and all other ocean life

Donate to the Taronga Foundation: tarongafoundation.org.au
 (All donations are 100% tax deductible)

Taronga supports ocean life

- Our dynamic Seal Show educates millions of people about ocean life
- We provide training to help care for wildlife affected by oil spills
- Our wildlife hospital aims to heal and release all injured land and marine animals
- We keep a register of shark attacks for the whole of Australia
- We collaborate with the Australian Marine Mammal Research Centre and Sydney University
- We actively rehabilitate our harbour foreshore and bushland
- Fish bought as food for visitors and our marine animals is sourced from responsible fisheries

Be an aware consumer

- Locally-caught fresh seafood is best.
 Buy local – buy Australian-caught seafood.
 But avoid deepwater or long-lived species, that are often over-fished, such as:
- ✓ Orange Roughy / Sea Perch
 - ✓ Shark (flake), Skate and Ray
 - ✓ Southern Bluefin, Bigeye and Yellowfin Tuna
 - ✗ Gemfish (SE Australia)
 - ✗ Commercial Scallop
 - ✗ Redfish
 - ✗ Blue Warehou
 - ✗ Smooth Oredory
 - ✗ Jackass Morwong
 - ✗ Swordfish
- Ask before you buy –** 

Try something different

Don't always buy the same seafood, try under used species such as **leatherjacket, sand whiting, mullet, calamari, squid, and ocean trout.**

Ask questions

- ✓ Is the fish caught locally?
- ✓ Is it fresh and in-season?
- ✗ Is it a deep-water or long-lived species?
- ✗ Is it shark 'flake' or ray? Is it a long-lived species?

If the seller doesn't know the answer, choose another product and ask them to find out more.

Seafood is part of a healthy diet

However, Australia's fisheries are heavily impacted by the choices we make when we buy seafood.

Australia's fishing fleet and aquaculture farms are moving towards low impact, responsible fishing to improve ocean health and provide for a sustainable seafood future.

The sea surrounds us, defines us, inspires us, and connects us to the world

There are many groups in Australia working towards healthy oceans. Visit these websites to find out more:

- www.greenpeace.org.au
- www.oceanwatch.org.au
- www.acfonline.org.au/marine
- www.msc.org
- www.amcs.org.au
- www.afma.gov.au
- www.seafood.net.au
- www.marketpride.com.au

CHOOSE YOUR SEAFOOD WISELY FOR HEALTHY OCEANS

Australians love the sea ... we want it to be healthy and full of life.

Be an aware consumer