

FIND SOMETHING THAT'S...

Deep exploring

WHAT YOU NEED

1. Nature journal or some paper
2. Pen or pencil, crayon
3. A space where you can sit safely and observe some animals

OPTIONAL

Coloured pencils



METHOD

This exercise is good for observation and also helps you to engage imaginatively with nature.

1. Go outside and find some natural things (plants, animals, rocks, water bodies, landscape features...) that fit the words below
2. Draw what you find that might match one of the following words:
small, big, prickly, furry, hard, soft, rough, smooth, simple, complex, humble, proud, quiet, loud
3. Write a sentence explaining why you would describe this object in such a way.
4. Where possible do a rub of the surface, holding paper of the object and holding a crayon sideways rub backwards and forwards, bringing out the texture.

SMALL



BIG



HARD



ROCKS ARE
HARD TO
DRAW

SOFT

