SOUND MAPS

Use other senses

WHAT YOU NEED

- 1. Nature journal or some paper
- 2. Pen or pencil
- A space where you can sit safely and observe some animals

OPTIONAL

Coloured pencils, crayons



WRITING PROMPT:

METHOD

Sounds can be hard to describe, something like a phone we can say 'ring ring,' but is that really the sound it makes? When you're in nature you hear a lot of sounds, they can be difficult to describe.

- Find a space where you can sit safely, remove yourself from any distractions and engage with the world around you
- 2. Draw a small X in the centre of your page to represent you, then anywhere around you and maybe an arrow to indicate the direction you are facing.
- 3. You are now looking at a sound map, on the page, mark the direction that different sounds are coming from and whether they are near or far as indicated by the the X on your page. Sounds can be described using lines or symbols, anything that the sound reminds you of, also whether it was loud or quiet
- 4. You don't need to draw the thing that is making the sound and if you don' know you might want to imagine what it is.



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What interesting sounds did you hear? Where were they coming from? What is happening out of sight that you don't know about?

Resource adapted from A Guide to the Creatures in Your Neighbourhood – The Urban Field Naturalist Project, (2022). Murdoch Books, Sydney

